9:Iyer E-4, 5 (ca. 1902-1906)1912
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responsibility to support their wives and children from their family property. Whether it was introduced by the Nambuthiris, it is difficult to believe; and it is to be noted, that it was prevailing to a considerable extent in North Malabar, among whom and other low castes their influence was less than in South Malabar and the Cochin State.

The *Smriti*[1] says, "the Sudras' appointed path to Heaven is serving the Brahmans". "The practice of Brahmans, Kshatriyas and Vaisyas, having sexual intercourse with the servile women is in accordance with the *sástrás*. If a Brahman wish to have sexual intercourse with a Sudra wife, the Sudra is bound to gratify the wish. A Sudra cannot be sure of the true parentage of his children". Again, before the Malabar Marriage Commission, the Zamorin Maharaja Bahadur, Ettan Thampuran Avergal, a learned Sanskrit scholar, Kolattúr Váriar and other respectable witnesses unanimously deposed, that, in Kerala, a non-Brahman or *marumakkathâyam* woman need not be chaste, and she is not forbidden to consort with more than one man. To such teachings of the learned and influential leaders of the orthodox community, the Nayars of these days will no longer submit.

Another important theory connects the practice with the military organisation of the Nayar community. Montaigue was evidently of opinion, that it was introduced, because the Nayar leaders looked upon an army of bachelors as the most effective instrument in war.[2] The subjection of the males of a whole race from the earliest youth to the decline of manhood must therefore have been the cause of the fugitive connection and promiscuous intercourse.

European writers, such as Baron Avebury, Meyr, Mc. Linan, and others, have arrived at the conclusion, that the system of inheritance now prevalent among the Nayars must have originated from a type of polyandry resembling free love. In ancient times, the rule was that the wife should remain in her own house and be visited by her husband, and that the eldest female was at the head of the house, which was afterwards transferred to the eldest male. The part of man in the function of generation passed as of secondary importance or as

1. Malabar Marriage Commission Report, page 17.
2. Essays of Michael Montaigue,